Book Review For Permaculture (Magazine)

Letting in the Wild Edges

Glennie Kindred

My journey into Permaculture taught me some time ago that the edge was a diverse, creative and magical place to be, and Glennie Kindred’s new book takes this realization one amazing step further.

I am a great fan of Glennie's work and it has been hugely inspirational in my life path over the last couple of years in particular. Glennie writes and illustrates beautiful books about Earth Magic, Earth cycles, hedgerow wisdom and much more. She is incredibly skilled at taking old knowledge and imaginatively applying it to our present lives. *Letting in the Wild Edges* weaves and extends this knowledge to guide us along the spiritual, emotional and physical routes meandering the edge

The book is dived into two parts; part one discusses holistically exploring wild edges relating to ‘Out on the Land’, ‘the Wild Garden’, ‘Kitchen Medicine’ and ‘Seasonal Celebrations’. Part two is a ‘Seasonal guide’, eight chapters each taking a season, plus the edges of these seasons, of the year. In this second part of the book, each of the four chapters in part one is examined in the eight seasonal chapters of part 2, cleverly creating a smooth flow which encourages seasonal links with each.

Throughout *Letting in the Wild Edges,* Glennie has created so many different elements for her readers to utilise and appreciate…there is a really useful plant reference guide of her favorite native (UK) plants; historical observations and how they influence the here and now, lots of ideas for practical activities, recipes for storing and using healing herbs and of course many examples of mindfulness and spiritual connection practices.

The layout, text and language in the book is clear, accessible, easy to use whether reading from cover to cover or as a reference. The wonderful illustrations enhance the text beautifully and personally helped me to pause and reflect on each chapter.

I love this book, at its core it’s helped me to recognize, value and rejoice in the wild edges in my life and work. Its also filled me with a renewed hope and energy about how we as humans relate to the Earth and how in turn that can facilitate the healing that our planet and all who live here so desperately needs. I know *Letting in the Wild Edges* is going to be a book that stays by my side to reread, learn from and absorb, along with my notebook and journal throughout the changing seasons and energies of the years ahead of me. For anyone who is at all interested in how we connect with our world and how exploring our wild edges can deepen this connection, I can’t recommend this book enough.

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